

Cleaning Tips

White Vinegar can be used around the home to clean! It is much more cost effective and has antiseptic properties. Fill a spray bottle half with water And White Vinegar. You can also add a few drops Essential oil for aroma and Antiseptic properties. Good choices are...

- Grapefruit seed extract
- Tea tree Oil
- Lemon Oil
- Eucalyptus Oil

Use the mixture to clean laminate flooring, bathroom fixtures, Kitchen counters, the stove, and much more.

Add a little White Vinegar to a Tub of cool water to draw out the heat of a sunburn.



Vinegar



Apple Cider Vinegar has long been used to aid in weight loss. Mix a tablespoon of a good quality Apple Cider with a glass of water and drink before meals to help

- Lower cholesterol
- Aid in Digesting Fats
- Help against Heartburn
- Lowering Blood Pressure

•Equal parts white vinegar and warm water on windows with a clean soft cloth or crumpled newspaper will make your windows shine and and streak free!

•Clean your Coffee Maker fill Reservoir with white vinegar and run through cleaning cycle then Rinse with a pot of clean water before brewing coffee.

•Keep flowers fresh longer. Add 2 tablespoons sugar and 2 tablespoons white vinegar in a 1-quart vase of water. Trim stems every 5 days

Vinegar can be used for Canning, or Pickling. However, make sure the vinegar you use is at least 5% acidity. Different Vinegars add different tastes so experiment with...

- Balsamic Vinegar
- Apple Cider Vinegar
- White Vinegar
- Rice Vinegar



Add some white vinegar to the Rinse cycle to remove soap residue and help stop static cling. For added static cling protection pour white vinegar on a washcloth and toss in the dryer with a load.



•Put a tsp of apple cider vinegar in a glass of water. Gargle, then swallow. For another great gargle: 1 cup hot water, 2 tablespoons honey, 1 teaspoon vinegar, gargle then drink.

•Soak toes in a solution of vinegar and water, using 1 part vinegar to 2 parts water, 15 minutes per day, to get rid of toe fungus

Cleaner for Gold Jewelry

Use one cup apple cider vinegar. Submerge solid gold jewelry item in vinegar for 15 minutes. Remove and dry with cloth.

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