

Spices & Condiments

Baking Needs

Fruit

Vegetables Fresh in season

Milk
Butter
Cheese
Sour Cream
Cottage Cheese
Water Kefir Grains
Milk Kefir Grains

Heavy Duty Foil
Paper Plates
Parchment Paper
Plastic Wrap
Roasting Bags, Turkey Size
Wax Paper
Parchment Paper
Plastic Baggies
(Freezer and Storage,
all sizes, several boxes)

15 Bean soup mix
Pinto beans
Black Beans
Kidney Beans
Lentils
Red Beans
White Navy Beans
Raw Almonds
Cranberries

- Coffee
- Croutons
- Graham Crackers
- Peanut Butter
- Sunflower Seeds
- Herbal Tea

Egg Noodles	Cas
Elbow Macaroni	Cas
Fettuccini	Ess
Linguini	(Te
Brown Rice	Gra
Shells (jumbo, medium)	
Vermicelli	

[illegible]

Borax
White Distilled Vinegar
Washing Soda
Baking Soda
Lemon Juice
Hydrogen Peroxide
Castille Liquid Soap
Castille Bar Soap
Essential Oils
(Tea tree oil,
Grapefruit Extract etc...)

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